

Week		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Meatballs in gravy with spaghetti	Diced pork goulash with rice	Roast chicken with Roast Potatoes and Gravy	Meaty Pizza (made with organic mince)	MSC Fishwich With Chips
02-Jan	Vegetarian	Cheese, Tomato and Spinach Quiche (made with wholemeal flour) with New Potatoes	Macaroni Cheese (no tomato topping)	sweet & sour Quorn with noodles	Spring vegetable cottage pie	Veggie Hot Dog with Chips
23-Jan						
20-Feb	Jackets	Jacket potato with tuna	Jacket potato with cheese	Jacket potato with beans	Jacket potato with salmon mayo	Jacket potato with beans
13-Mar		Carrots Swede	Sweet corn & Peas	Cabbage Carrots	Green beans Cauliflower	beans Garden Peas
	Dessert	Flapjack	Fruit jelly	Chocolate shortbread	Yoghurt	Iced Sponge
Week 2	Main	Sausages & mash Potatoes and Gravy	BBQ Chicken pizza (Free range chicken)	Roast Ham with Roast Potatoes & Gravy	Spaghetti bolognaise (made with organic mince)	MSC Battered Fish and chips
09-Jan	Vegetarian	Vegetable Sausage with Mash Potato	Cheese & tomato pizza (Made with wholemeal bread mix)	Red pepper & cheese frittata with Roast Potatoes	Vegetable pasta bolognaise	Vegetable wrap with Chips
30-Jan						
27-Feb	Jackets	Jacket potato with tuna	Jacket potato with cheese	Jacket potato with beans	Jacket potato with salmon mayo	Jacket potato with beans
20-Mar		Garden Peas Carrots	Coleslaw Mixed Salad	Broccoli Crushed Swede	Green beans Sweet corn	Baked Beans Garden Peas
	Dessert	Lemon Drizzle Cake	Chocolate Muffin with chocolate sauce	Carrot cake	Yoghurt	Toffee crispy
Week 3	Main	Beef Burger in a Bun with Baby New Potatoes	Chicken Curry	Roast turkey with Roast Potatoes and Gravy	Lasagne with Garlic Slice (made with Organic Beef)	MSC Fish Fingers with Chips
16-Jan	Vegetarian	Vegetable and Bean Cobbler with New Potatoes	Lentil and sweet potato Curry with Rice	Vegetarian Wellington with Roast Potatoes	Vegetable Goulash with Rice	Cheese & Tomato flan with Chips
06-Feb	Jackets	Jacket potato with Tuna	Jacket potato with cheese	Jacket potato with beans	Jacket potato with salmon mayo	Jacket potato with beans
06-Mar		Carrots Sweet Corn	Cauliflower Broccoli	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
27-Mar						
	Dessert	Yoghurt	Chocolate Oaty Square with Chocolate Sauce	Orange triangle cake (Contains wholemeal flour)	Chocolate & beetroot brownie	Fruit Flapjack